
RISK ASSESSMENT WORKSHOP

The Faculty Occupational Health and Safety Committees (FAMU) and the Main Occupational Health and Safety Committee (HAMU) have discussed how to use risk assessment as a tool to work systematically with preventive measures. HAMU recommends that risk assessment is used as a tool in the WPA follow-up process, and that managers and occupational health and safety representatives focus on preventive measures on an ongoing basis.

The occupational health and safety organisation is encouraged to participate in the scheduled risk assessment workshops to support the specific work locally.

The first workshop will be held on Wednesday 16 January 2019.

You can sign up for the workshop [here](#)

OCCUPATIONAL HEALTH AND SAFETY REQUIREMENTS AND EYE WASH

In accordance with the Danish Working Environment Act, it is a requirement that the right first aid measures are available in relation to the work that is to be performed. For example, eye wash must be available if there is a risk that employees could get e.g. substances in their eyes. See [the WEA guidelines on the layout of permanent workplaces](#) under item 2.7 – first aid equipment (in Danish).

At AU, this usually means that we have eye wash bottles. Most of them are green and contain isotonic eye wash (sterile water with 0.9 per cent sterile sodium chloride). However, suppliers now offer a new type of bottle which is called “pH Neutral” and contains 4.9 per cent sterile phosphate buffer which can neutralise acid/base in your eye before you continue to rinse with the isotonic eye wash.

According to doctors, the most important thing is to rinse your eyes as quickly as possible as TIME is the most important factor. Therefore, do not spend valuable time considering which special eye wash bottle to use.

It may not be necessary to rinse both eyes, but, as a minimum, you must rinse the eye that has been affected using plenty of water, and preferable isotonic liquid.

So if you get e.g. a substance in your eye, the first thing you should do is to rinse your eye thoroughly and repeatedly, and contact a doctor.

NEW WEBSITE BRINGS TOGETHER KNOWLEDGE AND RULES ON WORK ENVIRONMENT

It will now be easier for the occupational health and safety organisation at AU and others who need specific knowledge about work environment to find what they need. The Danish Working Environment Authority and the Danish Work

Environment Knowledge Centre has launched a new, joint website which brings together research-based knowledge, legislation, tools and inspiration from other workplaces.

Get started with the new website which is called [AMID.DK](#)

ACCIDENTS AT WORK: ONLINE EASY - PILOT STUDY

A number of people have been selected for a pilot study at AU concerning reporting accidents at work through an online solution. The pilot study takes place in December 2018. The invited test persons represent all faculties and the administration.

The pilot study is a test of the online solution found in EASY (the Danish system to report accidents at work). Our initial tests have been promising, and we expect this solution to replace the form which is normally downloaded from the website regarding work-related injuries and/or illness.

If the results of the pilot study show that the online solution is useful, the plan is to start using it as of 1 March 2019.

For more information, please send an email to arbejdsskader@au.dk

IS YOUR BODY FEELING WELL AT WORK?

Krop & Kontor (Body & Office) focuses on ergonomics.

Our bodies are designed for movement, and at AU, we sit down a lot!

The website "Krop & Kontor" has been updated with new content which focuses particularly on ergonomics in connection with screen work. It is not just in connection with screen work in traditional offices that employees suffer from pains. In hospitals, institutions and schools etc., an increasing part of the work day is also spent on screen work. Find relevant information and tools which can lead to more variation and improved well-being in connection with screen work.

Find more news from [Krop & Kontor](#) here (in Danish) ._

NEW E-BOOK ABOUT STRESS

[Cabi](#) has published an e-book about stress which can help you and your organisation establish a framework for preventing stress.

You can download the [e-book about stress](#) (in Danish) for free.

THE UNIVERSITIES' WORK ENVIRONMENT CONFERENCE 2019

The Universities' work environment conference 2019 provides a framework for interesting dialogues about the work environment at Danish universities. The planning group has prepared a programme which contains plenary presentations and workshops as well as time for more informal dialogues with colleagues from other universities. The conference is intended for managers as well as employee representatives.

Read more about the conference and register [here](#).

The deadline for registration is 14 December 2018.

ABOUT THE NEWSLETTER

'News about work environment' is a newsletter with information and news about work environment for AU staff.

Click the link to subscribe to the [newsletter](#).

DO YOU WANT TO KNOW MORE ABOUT WORK ENVIRONMENT?

If you want to know more about work environment and be kept up-to-date on the latest knowledge as well as be inspired in relation to the work in the occupational health and safety groups and committees, you can subscribe to free newsletters by clicking the links below:

[Branche Fællesskab Arbejds miljø – Velfærd og offentlig administration \(trade association for work environment\) \(in Danish\)](#)

[The Danish Working Environment Authority's newsletter \(in Danish\)](#)

[Arbejds miljø rådet \(the Danish work environment council\) - News \(in Danish\)](#)

CONTACT US

If you have comments or suggestions for the next newsletter, please send an email to arbejdsmiljo@au.dk.

If your colleagues wish to subscribe to the newsletter, they can sign up on [the website](#).

Kind regards,

[AU HR, Development and Work Environment, Team Organisation and Work Environment](#)
