Go your separate ways, avoid confrontation, remove yourself from the conflict. Try to coexist peacefully for a period of time.

Request conflict mediation from HR or an external provider.

Ask your manager for help to communicate. Resume contact – what do we agree on?

Seek advice from others. Make contact and try to talk.

What are his/her needs? Make each other stick to the issue in question.

What do we actually disagree on? Focus on reaching each other.

Inspirered by F. Glasl