#### The four choices

Even though career decisions are complex and often filled with dilemmas, it is possible to reduce the complexity of the process by narrowing it down to four options.

1. Stay where you are and continue doing what you’re doing
2. Stay where you are, but do something else
3. Continue to do what you are doing now, but at a new place
4. Do something completely different at a new place

In each of the four boxes, write down the pros and cons of each option. Which option is the most appealing to you:

|  |  |
| --- | --- |
| **Stay where you are and continue doing what you’re doing**  | **Stay where you are, but do something else**  |
| Pros: Cons: | Pros: Cons: |
| **Continue to do what you are doing now, but at a new place** | **Do something completely different at a new place**  |
| Pros: Cons: | Pros: Cons: |

#### Reflection:

What do you want to know more about and who can you contact to learn more about the option you found most appealing?