Forgotten user name and/or password to AUHRA?

1. Click the following link on AUHRA’s login page:

![Login page with forgot password option](image)

2. Enter your AU email address in the email field, and click “Forgot User Name”:

![Forgot password form](image)

3. You will receive an email within a few minutes. Please notice your AUHRA user name.

![Email example](image)

4. Click the link in the red box. You will now be able to reset your password.

![Reset password form](image)